

University of Bolton contacts:	
<p>Chaplaincy</p> <p>Chancellor’s Mall Tel: 01204 903415 Text: 07967585670 Email: chaplain@bolton.ac.uk</p> <p>Website: www.bolton.ac.uk/chaplaincy</p>	<p>Disability Team</p> <p>Student Centre Chancellor’s Mall Tel: 01204 903478 / 01204 903439 SMS: 07799 657 035 Email: disabilityinfo@bolton.ac.uk Website: www.bolton.ac.uk/student-services/disability/home.aspx</p>
<p>International Student Journey Officer</p> <p>Student Recruitment and Admissions Chancellors Mall Tel: 01204 903496 Email: studentimmigration@bolton.ac.uk Website: www.bolton.ac.uk/StudentServices/ImmigrationWelfare/Home.aspx</p>	<p>Life Lounge</p> <p>T2 Eagle Tower, Chancellors Mall Tel 01204 903566 Email lifelounge@bolton.ac.uk</p> <p>Website: http://www.bolton.ac.uk/StudentServices/LifeLounge/Home.aspx</p>
<p>Counselling Service</p> <p>Life Lounge, Student Services Tel: 01204 903566 Email: lifelounge@bolton.ac.uk Website: http://www.bolton.ac.uk/StudentServices/Lifelounge/Counselling-and-CBT-clinic-registration-form.aspx</p>	<p>Student Liaison Officers</p> <p>Tel: 01204 903595 / 01204 903229 Email: slo@bolton.ac.uk Website: www.bolton.ac.uk/slo</p>
<p>Mental Health Advisor:</p> <p>Disability Team Student Centre Chancellor’s Mall Tel: 01204 903067 Webpage: http://www.bolton.ac.uk/StudentServices/Disability/mental-health-advisor</p>	

External organisations that may provide a source of support:

Abortion/Pregnancy/Family Planning Advice/Sexual Health

<p>Abortion/Pregnancy/Family Planning Advice / Sexual Health (Local)</p> <p>Integrated Sexual Health Department Royal Bolton Hospital Minerva Road Farnworth Bolton BL4 0JR Tel: 01204 390771</p> <p>Website: boltonft.nhs.uk/services/sexual-health/contact-details/</p>	<p>Bolton NUPAS</p> <p>Bolton Pregnancy Advisory Service 4th & 5th floor Nelson House Nelson Square Bolton BL1 1JT Telephone:0333 004 6666 Fax: 01204 364 745 Email: info@nupas.co.uk</p> <p>Nupas.co.uk/clinics/bolton</p>
<p>Rainbow Pregnancy Advice Centre (Local)</p> <p>Bolton Pentecostal Church Bury New Road Bolton BL2 2BD Tel: 01204 522002</p>	<p>Brook (National) Confidential Sexual Health Advice</p> <p>Go to Website to find nearest available: www.brook.org.uk/your-life/category/pregnancy</p>
<p>Marie Stopes UK (National) Family planning support</p> <p>Tel: 03453 008090 (24 hr line) Email: services@mariestopes.org.uk.</p> <p>Website: www.mariestopes.org.uk/women/abortion-services</p>	

Advocacy Service

Action for Children (local)

The Bolton Hub
Bold Street
Bolton
BL1 1LS
Tel: (01204) 546087
[Ruth.gandy@actionfo...](mailto:Ruth.gandy@actionforchildren.org.uk)
<https://www.actionforchildren.org.uk/in-your-area/services/childrens-rights/bolton-children-and-young-peoples-service/>

Coram Voice (National)

Coram Voice, Gregory House,
Coram Campus,
49 Mecklenburgh Square,
London WC1N 2QA
Tel: 020 7833 5792,
fax: 020 7713 1950,
email: help@coramvoice.org.uk

Website:
<http://www.coramvoice.org.uk/young-peoples-zone>

Adaptive Equipment

Bolton Council (Local) Independent Living Service

Tel: - 01204 337020/337900
Minicom: 01204 337945

Website:
www.bolton.gov.uk/website/pages/Supportingindependencefordisabledpeople.aspx
EMAIL: independentlivingservices@bolton.gov.uk

Alcohol Drugs and Substance Misuse

Bolton Achieve (Local) Integrated Drug and Alcohol Service

69-73 Manchester Road
Bolton
BL2 1ES
Tel: 01204 483090 (Bolton Achieve) choose option 1,
Beacon House

Website: <https://www.gmmh.nhs.uk/achieve>

Harbour Project (Local)

Supporting anyone affected by Drug/Alcohol misuse

St Luke's Drop-in
Chorley Old Road
Bolton BL1 3BE
Tel: 01204 62274
Email: harbourproject@btinternet.com
[\(couldn't find?\)](#)

Website: www.talktofrank.com/treatment-centre/harbour-project

Alcohol Drugs and Substance Misuse CONTINUED:	
<p>Al Anon (National)</p> <p>Offer Family Groups providing support to anyone whose life is, or has been, affected by someone else's drinking, regardless of whether that person is still drinking or not.</p> <p>Local groups available see website for details</p> <p>Helpline 020 7403 0888 Website: http://www.al-anonuk.org.uk/</p>	<p>Alcoholics Anonymous (National)</p> <p>Various locations for meetings</p> <p>Tel: 0800 9177 650 Email: help@aamail.org</p> <p>Website: www.alcoholics-anonymous.org.uk/</p>
<p>Alcohol Concern (National)</p> <p>Alcohol Concern, 27 Swinton Street London, WC1X 9NW</p> <p>contact@alcoholconcern.org.uk</p> <p>Office Phone: 0203 907 8480</p> <p>Website: www.alcoholconcern.org.uk/</p>	<p>Narcotics Anonymous (National)</p> <p>Go To website and type in postcode for nearest meeting.</p> <p>Tel helpline : 0300 999 1212 (10.00am – midnight)</p> <p>Website: http://ukna.org/na-meeting/bolton-4</p>
Anorexia/Eating Disorders	
<p>Support Line (National)</p> <p>Check website for further details.</p> <p>Helpline: 01708 765200 Email: info@supportline.org.uk</p> <p>Website: http://www.supportline.org.uk/problems/anorexia.php</p>	

Anxiety and Depression

Mental Health Independent Support Team (MhIST)

(Local)
Hanover House
Hanover Street
Bolton
BL1 4TG
Tel: 01204 527200
E-mail info@mhist.co.uk
Website: www.mhist.co.uk

Social Anxiety (National)

E-mail: contact@social-anxiety.org.uk
Website: www.social-anxiety.org.uk

Aspergers and Autism

Bolton Autism Spectrum Support Team (Local)

Barnett House,
Viking Works,
Weston Street,
Bolton,
BL3 2RX

Tel: 01204 483000

Website:
<https://www.gmmh.nhs.uk/autism-spectrum-conditions-support-team>

National Autistic Society (Local)

Website: www.autism.org.uk/manchester

Email: nas@nas.org.uk

Telephone: 0808 800 4104

Action for aspergers (National)

Tel: 01536 266681 (24 hours/7 days; message facility available)

Website: <https://www.actionforaspergers.org/>

Email: info@actionforaspergers.org

National- Autism Initiatives (National)

Autism Initiatives UK
Sefton House,
Bridle Road,
Bootle,
Merseyside,
L30 4XR
Tel: 0151 330 9500

Email: info@autisminitiatives.org

Website:
<http://www.autisminitiatives.org/default.aspx>

Benefits

Bolton Welfare Rights Service (Local)

Town Hall
Victoria Square
Bolton
BL1 1RU
Tel: 01204 333820
Email: welfare.rights@bolton.gov.uk

Website:
www.bolton.gov.uk/website/pages/Benefitsadvice.aspx

Bereavement

Bereavement and Donor Support Team (Local)

Tel: 01204 390448

Website: <http://www.boltonft.nhs.uk/patients-and-visitors/hospital/support-services/bereavement-and-donor-support-services/>

The compassionate Friends (Local) Have a group meeting in Bolton

Click on link for nearest available meeting
Helpline: 03451232304

Email: helpline@tcf.org.uk

Website: www.tcf.org.uk/

Cruse Bereavement Care (National)

National Helpline:
0808 808 1677

Website:
www.cruse.org.uk/?domain=www.crusebereavementcare.org.uk

Sudden Infant Death Syndrome and Cot Death support group (National)

The Lullaby Trust
11 Belgrave Road
London
SW1V 1RB

Tel: 020 7802 3200
support@lullabytrust.org.uk
www.lullabytrust.org.uk
Bereavement support 0808 802 6868

Budgeting	
<p>Bolton's Money Skills Service (Local)</p> <p>Bolton's Money Skills Service Ground Floor Bolton Town Hall Victoria Square Bolton Council BL1 1RU</p> <p>For Money Advice and Debt Guidance. Call 01204 33 2916 For Money Skills Group Training Sessions call 01204 33 1968</p> <p>Email: moneyskills@bolton.gov.uk</p>	<p>Hoot Credit Union</p> <p>The Square 53-55 Victoria Square Bolton BL1 1RZ Telephone: 01204 365024 Fax:01204 527736 Email:enquiries@wisewithmoney.org.uk</p> <p>Website: www.wisewithmoney.org.uk/contact.html</p>
Bullying/Harassment	
<p>Victim Support (Local)</p> <p>Please click on link for information re: - local services. Website: www.victimsupport.org.uk/</p> <p>Telephone: 08 08 16 89 111</p>	<p>Anti-Bullying Alliance (National)</p> <p>Website: www.anti-bullyingalliance.org.uk/</p>
<p>Bullying UK (National)</p> <p>Website: http://www.bullying.co.uk/</p> <p>Helpline: 0808800 2222</p>	
Carers	
<p>Bolton Carer Support (Local)</p> <p>Bolton Carer Support: Thicketford Centre Thicketford Rd Tonge Moor Bolton Greater Manchester BL2 2LW 01204 363056 24 Hour. http://www.boltoncarers.org.uk/index.php/contact</p>	

Children and Families (Safeguarding)

Children and Families (Local)

Child protection and safeguarding
Bolton Council
Tel: 01204 337777
Email: boltonsafeguardingchildren@bolton.gov.uk

Website:
www.bolton.gov.uk/website/pages/Childprotection.aspx

Bolton Safeguarding Children's Board (Local)

Website:
<http://boltonsafeguardingchildren.org.uk/>

Tel: 01204 337479
Email:
boltonsafeguardingchildren@bolton.gov.uk

Community Faith support groups

Bolton Council of Mosques (Local)

1 Vicarage Street
Bolton
BL3 5LE
Tel: 01204 363680

Website: www.thebcom.org/

Email: admin@thebcom.org
Tel: 01204 363 680

Bolton Christian Community Cohesion (Local)

Bolton Christian Community Cohesion
The Second Floor
The Bolton Hub
Bold Street
BL1 1LS

Website: <http://www.gmim.org.uk/boltonccc/>

Tel: 01204 546138/6139
Email: info@bolton.gmim.org.uk
mary@bolton.gmim.org.uk

Bolton Hindu Forum (Local)

Website:
www.boltonhinduforum.org.uk/?page_id=89

Bolton Hindu Forum,
Veda Mandir & Community Centre
1 Thomas Holden Street
Bolton
BL1 2QG

Tel: 01204 238018
Email: pm@boltonhinduforum.org.uk

Bolton Interfaith Council (Local)

The Bolton Hub
Bold Street
Bolton
BL1 1LS
Tel No: 01204 546110
Email: chan@boltoninterfaithcouncil.org.uk

Website:
www.boltoninterfaithcouncil.org.uk/5.html

<p>Bury Fellowship (Local)</p> <p>(Christian Group providing a drop-in service, practical assistance and counselling)</p> <p>Manna House Irwell Street Bury BL9 0HE Tel: 0161 764 8131</p>	<p>Urban Outreach (Local)</p> <p>A registered Christian Charity, established in 1990 to work with disadvantaged and vulnerable individuals in the town of Bolton</p> <p>Tel: 01204 385848 Email: info@urbanoutreach.co.uk</p> <p>Website: http://www.urbanoutreach.co.uk/home</p>
<p>Community Transport/Furniture assistance</p>	
<p>Bolton Community Transport & Furniture Services (BCTFS) (Local)</p> <p>(Will accept furniture, appliances and supply those in need and can provide transport with wheelchair accessible minibuses)</p> <p>63 Knowsley Street Bolton BL1 2AS Tel: 01204 364777</p> <p>Website: www.bctfs.co.uk/ Email: admin@bctfs.co.uk</p>	<p>Community Care Options (Local)</p> <p>Services for people who have a disability including Shop Mobility</p> <p><i>Head office</i> 1-3 The Courtyard, Calvin St, Bolton BL1 8PB</p> <p>Telephone: 01204 360220 email: support@comco.org.uk Website: www.Comco.org.uk</p>
<p>Guild of Help (Local)</p> <p>27 Silverwell Street Bolton BL1 1PP Tel: 01204 524858 https://www.totalgiving.co.uk/charity/the-bolton-guild-of-help-incorporated</p>	
<p>Counselling</p>	
<p>Beacon Bolton Counselling Services (Local) (Daytime)</p> <p>The Bolton Hub, Bold Street, Bolton BL1 1LS</p>	<p>Bury Fellowship (Local) (Christian Group providing a drop-in service, practical assistance and counselling)</p> <p>Manna House Irwell Street BL9 0HE Bury - Ramsbottom</p>

<p>(Evening) 1 Silverwell Lane, Bolton BL1 1QN</p> <p>Website: http://www.beaconcounselling.org/ Tel: 01204 546100 (24hr answer service) Fax: 01204 546101 Mobile: 07951 457176 Email: enquire@beaconcounselling.org</p>	<p>Greater Manchester England</p> <p>0161 764 8131</p> <p>www.bury.org.uk</p> <p>(CONTINUED)</p>
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Counselling CONTINUED:

<p>Simeon Centre Counselling Service (One point) (Local)</p> <p>Simeon Centre Counselling Service Victoria Hall Knowsley Street Bolton BL1 2AS http://www.simeoncentre.org.uk/</p> <p>Tel 01204 387363 Email: counselling@simeoncentre.org.uk</p> <p>They offer an initial assessment appointment usually within 28 days of initial contact.</p>	
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Domestic Abuse

<p>Fortalice (Local)</p> <p>Fortalice provides frontline services including a 22 bed refuge for women and children who are affected by domestic abuse.</p> <p>It also has a Support Centre where women children and young people (including males up to the age of 19) can access the following services</p> <p>Young person's project - Just for You sessions and group work / counselling for women and children / Group work for women / One to one advice sessions for women / professional accredited training / Education in the</p>	<p>Paws for Kids (Local)</p> <p>Support for women and children experiencing domestic violence and abuse in the North West.</p> <p>26 Chorley New Road, Bolton, BL1 4AP Tel: 01204 394 842 Website: http://www.pawsforkids.org.uk/safehaven@pawsforkids.org.uk</p>
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<p>Community Schools community sites and Colleges around healthy Relationships and risk taking</p> <p>43 Bradford Street Bolton BL2 1HT Email: info@fortalice.co.uk Tel: 01204 365677/701846 Tel: 01204 701846 (24 hr) Website; www.fortalice.org.uk</p>	
<p>National Domestic Violence Helpline (National) Run in partnership between Women's Aid and Refuge</p> <p>http://www.nationaldomesticviolencehelpline.org.uk/</p> <p>24 hour Helpline 0808 2000 247</p>	

Epilepsy

Epilepsy Action (Local)

New Anstey House
Gate Way Drive
Yeadon, LEEDS
LS19 7XY
Tel: 0808 800 5050 (UK) or +44 (0)113 210 8800
(international)
Email: helpline@epilepsy.org.uk

UK text messages: 0753 741 0044

Website: <https://www.epilepsy.org.uk>

Neurological Long Term Conditions Service (Local)

Brightmet Health Centre
Brightmet Fold Lane
Brightmet
Bolton
BL2 6NT

Telephone:
01204 463366

Young Epilepsy (National)

St. Piers Lane
Lingfield,
Surrey
RH7 6PW
Tel: 01342 832243 / Helpline: 01342 831342
Email: info@youngepilepsy.org.uk

Website: www.youngepilepsy.org.uk/

Forced Marriages

Fortalice (Local)

Fortalice provides frontline services including a 22 bed refuge for women and children who are affected by domestic abuse.

It also has a Support Centre where women children and young people (including males up to the age of 19) can access the following services

Young person's project - Just for You sessions and group work / counselling for women and children / Group work for women / One to one advice sessions for women / professional accredited training / Education in the Community Schools community sites and Colleges around healthy Relationships and risk taking

43 Bradford Street

Victim Support (Local)

Click on link to find nearest local support.
Website: www.victimsupport.org.uk/

Tel: 08 08 16 89 111

<p>Bolton BL2 1HT Email: info@fortalice.co.uk Tel: 01204 365677/701846 Tel: 01204 701846 (24 hr) Website; www.fortalice.org.uk</p>	
<p>Women’s Refuge for Asians (Manchester) (Local)</p> <p>PO Box 44 SDO Manchester M20 4BJ Tel: 0161 945 4187 Email: info@saheli.org.uk Website: http://saheli.org.uk/</p>	
<p>Gambling</p>	
<p>Gamblers Anonymous Bolton (Local)</p> <p>Click on link to identify nearest meeting.</p> <p>Website: www.gamblersanonymous.org.uk</p>	
<p>Hate crime</p>	
<p>Community Safety Services (Local)</p> <p>Town Hall Victoria Square Bolton BL1 1RU</p> <p>Telephone 01204 331060 Telephone 0161 8725050 Police: Non Emergency Telephone 0800 555111 – Crimestoppers</p> <p>Email: community.safety.services@bolton.gov.uk</p> <p>Website: www.bolton.gov.uk/website/Pages/Hatecrime.aspx</p>	<p>Victim Support (Local)</p> <p>Click on link to identify nearest support/contact details.</p> <p>Website: www.victimsupport.org.uk/</p> <p>Tel: 08 08 16 89 111</p>
<p>Health (general)</p>	

<p>Bolton Primary Care Trust (Local)</p> <p>Information on hospital services available Royal Bolton Hospital Minerva Road Farnworth Bolton BL4 0JR Tel: 01204 390390 www.boltonft.nhs.uk/</p>	<p>Get Active Team (Local)</p> <p>The Get Active Team Castle Hill Centre 1st Floor, Rooms 1-34 to 1-35 Castleton Street, Bolton BL2 2JW Tel: 01204 333 215 Freephone: 0800 458 9029 (from landlines only) Email: info@getactivebolton.co.uk</p> <p>Tel: 01204 488202</p> <p>Website: www.getactivebolton.co.uk</p>
<p>Homeless Welfare</p>	
<p>Bolton Homeless Welfare (Local)</p> <p>Homeless welfare Ground floor Town Hall Victoria Square Bolton BL1 1RU</p> <p>01204 335830 (Residents) Email: homelesswelfare@bolton.gov.uk</p> <p>Website: www.bolton.gov.uk/website/Pages/Homelessness.aspx</p>	
<p>The Salvation Army (Local)</p> <p>102 St Georges Road Bolton BL1 2BZ Tel: 01204 365455 E-mail bolton.citadel@salvationarmy.org.uk</p> <p>Website: www.salvationarmy.org.uk/bolton-citadel</p>	<p>Samaritans (Local)</p> <p>16 Bark Street East, Bolton Lancashire BL1 2BQ</p> <p>Tel: 01204 521200</p> <p>Website: http://www.samaritans.org/branches/bolton-samaritans</p>

<p>Street Life (Local)</p> <p>Street Life works with rough sleepers and other homeless people to help them access suitable accommodation. Street Life runs a drop-in centre every Tuesday afternoon from the Urban Restore Centre.</p> <p>Urban Outreach Office, Environ House, Salop Street, Bolton BL2 1DZ info@urbanoutreach.co.uk</p> <p>Telephone: 01204 385848</p> <p>Website: http://www.urbanoutreach.co.uk/portfolio-posts/street-life/</p>	
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Mental Health (Variety of Topics including Self Harm and suicide)

Bolton Employment Support Team (BEST) (Local)
Supports people with severe and enduring mental health problems with work preparation and placement experience

Office 3
 Bolton Market
 Ashburner Street
 Bolton
 Greater Manchester
 BL1 1TQ
 Tel1: 01204 337523
 Tel2 :01204 334162
 Opening times: 9:00 - 5:00

Website: <https://www.gmmh.nhs.uk/bestactive-choices>

The Early Intervention in Psychosis Team (EIT) (Local)

Bentley House,
 Viking Works,
 Weston Street,
 BL3 2RX
 Telephone: 01204 483003
 Bolton Council Early Intervention Team
 Tel: 01204 338173

Website:
<https://www.gmmh.nhs.uk/bolton-early-intervention-in-psychosis-team-eit>

Mental Health Independent Support Team (MhIST) (Local)

Hanover House
 Hanover Street
 Bolton
 BL1 4TG
 Tel: 01204 527200
 E-mail info@mhlist.co.uk
www.mhlist.co.uk

Mental Health Foundation (National)

Website: www.mentalhealth.org

Rethink (National)

Various local locations
 Tel: 0300 5000927
 Website: www.rethink.org

<p>Royal College of Psychiatrists (National) 21 Prescott Street London E1 8BB</p> <p>Tel: 020 7235 2351</p> <p>Website: www.rcpsych.ac.uk</p>	
<p>Mental Health (Variety of Topics including Self Harm and suicide) CONTINUED:</p>	
<p>Sane (National)</p> <p>St. Mark's Studios 14 Chillingworth Road Islington London N7 8QJ Tel: 020380951790 Helpline: 0300 3047000</p> <p>Website: www.sane.org.uk</p>	<p>Self Harm UK (National)</p> <p>74 Bute Street Luton Bedfordshire LU1 2EY</p> <p>Website: www.selfharm.co.uk/</p>
<p>Students Against Depression (National)</p> <p>Students Against Depression offers information and resources validated by health professionals alongside tips and advice from students who have experienced it all themselves. There is advice and guidance about obtaining support and taking action to tackle how you feel.</p> <p>Tel: Tel/fax: 01635 869754 admin@cwmt.org http://studentsagainstd Depression.org/</p>	
<p>Rape and Sexual Violence</p>	
<p>Manchester Rape Crisis (Local) For women only</p> <p>Tel: 0161 273 4500 (Rape and sexual abuse counselling service)</p> <p>Email: mrcrasacs@btconnect.com</p> <p>Website: www.manchesterrapecrisis.co.uk</p>	<p>St. Mary's Sexual Assault Referral Centre The Old St Mary's Hospital</p> <p>York Place Oxford Road Manchester M13 9WL Tel: 0161 276 6515 (24 Hour Service) Email: stmarys.sarc@cmft.nhs.uk Website: www.stmaryscentre.org/</p> <p>Twitter: @StmarysSARC</p>

Victim Support (Local) Check online for details of local support Website: www.victimsupport.org.uk/ <u>Tel:</u> 08 08 16 89 111	Rape and Sexual Abuse Counselling (RASAC) (National) Tel: 01962 868688/864433 Website: www.rasac.org.uk
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Sexual Health

Integrated Sexual Health Department (Local)

N Block
Royal Bolton Hospital
Minerva Road
Farnworth
Bolton
BL4 0JR
Tel: 01204 390771

Website:
<http://www.boltonft.nhs.uk/services/sexual-health/>

Urban Outreach Bolton

Reach Out offers practical and emotional support, information and guidance to women involved in street sex work in Bolton. The project helps women to exit prostitution and rebuild their lives.

Urban Outreach Office,
Environ House,
Salop Street,
Bolton
BL2 1DZ
Tel: 01204 385848

Website:
<http://www.urbanoutreach.co.uk/portfolio-posts/reach-out/>

Sexual identity

LGBT Foundation (National)

Wide range of support services to lesbian, gay, bisexual and trans* people
5 Richmond Street,
Manchester
M1 3HF

Tel: 0345 3 30 30 30 (between 09:00am until 21:00pm Monday – Friday)

Email: info@lgbt.foundation

Website: <https://lgbt.foundation>

Mermaids (National)

Suite 5 High Street House,
2 High Street, Yeadon,
Leeds, LS19 7PP

Website: www.mermaidsuk.org.uk
Helpline Tel: 0344 334 0550
Email: info@mermaidsuk.org.uk

Young minds (National)

Website: <http://www.youngminds.org.uk/>

General Help and advice

Bolton & District Citizen's Advice Bureau (Local)

Advice on Benefits and Tax credits, Community Care, Consumer advice, Housing, Immigration & Asylum, Money & Debt, Education, Relationships and Work

26 – 28 Mawdsley Street

Bolton

BL1 1LF

Tel: 0300 330 9071

Website: www.boltoncab.co.uk.

Bolton Community and Volunteer Services (CVS) (Local)

Supports Volunteers and promotes good practice to organisations on volunteering

The Bolton Hub

Bold Street

Bolton

BL1 1LS

Tel: 01204 546010

Email: info@boltoncvs.org.uk

Website: <https://www.boltoncvs.org.uk/>

Greater Manchester Immigration Aid Unit (GMIAU) (Local)

Tel: 0161 740 7722

Website: www.gmiau.org

Storehouse Food Bank (Local)

Bolton's food bank and distribution project, providing emergency food parcels to individuals and families who find themselves in need of help due to illness, debts or fines, benefit delays, homelessness, domestic abuse, redundancy or family breakdown.

Storehouse foodbank, new webpage

Urban Outreach Office,

Environ House,

Salop Street,

Bolton BL2 1DZ

Telephone

01204 385848

Email

info@urbanoutreach.co.uk

<http://www.urbanoutreach.co.uk/portfolio-posts/storehouse/>

Suzy Lamplugh Trust (National) Personal safety advice

Tel: tel:08088020300

Website: <https://www.suzylamplugh.org/>