

# Welcome

This guide will help you get started on your new course with information about welcome events, social activities and lots of really useful hints and tips to help you to prepare for life here in the UK.

We are confident in helping you to succeed, progress and thrive through your experience and do everything in our power for you to excel here at the University of Bolton.

Both academic and support staff at the University are trained and well placed to help you in your journey and it is best to get to know key people who will assist you in your day to day experience.

Please take the opportunity now to visit our dedicated Welcome Website (<http://www.bolton.ac.uk/welcome>) where you will find useful instructions on how to complete your Enrolment, Accommodation, Welcome Hints and Tips and much more.

If you require any support or indeed have any questions please contact International Student Support Team via email: [Internationalstudents@bolton.ac.uk](mailto:Internationalstudents@bolton.ac.uk). Or pop into the Student Centre, Chancellor's Mall and speak with the team.

May 2022

# Activities for International Students

Date	Time	Activity	Information	Link/ Location	Who to Contact?	Key
09 May 2022 - 13 May 2022	08:45 - 17:00	Mental Health Awareness Week	This year's National Mental Health Awareness weeks theme is preventing loneliness. Come along throughout the week to engage in fun activities to promote positive mental health and wellbeing and meet with other students and staff.	<a href="#">On Campus - Chancellor's Mall</a>	Life Lounge T2 Eagle Tower Chancellor's Building Deane  Tel: 01204 903566 or 01204 903733 <a href="mailto:lifelounge@bolton.ac.uk">lifelounge@bolton.ac.uk</a>	●
10 May 2022	11:00 - 12:00	Money Matters Webinar - Online	Advice and guidance on budgeting and how to use our financial management tool – Blackbullion.	<a href="#">Click here</a>	Jonathan Stackhouse Student Centre, Chancellor's Mall Deane  Tel: 01204 903497 Email: <a href="mailto:studentfunding@bolton.ac.uk">studentfunding@bolton.ac.uk</a>	●
10 May 2022	12:00 - 13:00	Grammar Clinic	Advice and support on academic writing and the appropriate use of spelling and grammar. Password for Moodle: eap@123	<a href="#">Online: Click here</a>  <a href="#">On Campus - Peter Marsh Library, Chancellor's Mall</a>	Kat Cridland  M-Block Deane  Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>	●
11 May 2022	10:00 - 14:00	Revive Yourself: Videogaming and Virtual Reality Experience	Fun de-stress event for students to play video-games and experience mindfulness sessions on VR Oculus Quest 2 headsets.	<a href="#">Social Learning Zone (SLZ), Chancellor's Mall</a>	Student Life Team Student Centre Chancellor's Mall Deane  Tel: 01204 903466 Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>	●
11 May 2022	12:00 - 13:00	Knit 'n' Natter	Join a friendly group of staff and students some of whom are new to knitting. An opportunity to learn how to knit and a chance to make new friends. Spare needles, wool and patterns are available or you can bring your own.	<a href="#">On Campus - Click here to book</a>	Pam Hardy, Peter March Library, Chancellor's Mall Deane  Tel: 01204 903094 Email@ <a href="mailto:P.J.Hardy@bolton.ac.uk">P.J.Hardy@bolton.ac.uk</a>	●

- Academic Session
- Social Activity
- Tour
- Induction Session
- Personal Development

Date	Time	Activity	Information	Link/ Location	Who to Contact?	Key
12 May 2022	12:15 - 13:15	International Welcome & Induction Session	The first opportunity to attend a mandatory welcome talk. The session includes information on Student Support, Tier 4 Visas, Settling in to the UK/University and other useful information.	<a href="#">Click here</a>	International Team Student Centre Chancellor's Mall Deane  Tel: 01204 903813 Email: <a href="mailto:internationalstudents@bolton.ac.uk">internationalstudents@bolton.ac.uk</a>	
13 May 2022	10:00 - 11:00	International Welcome & Induction Session	The first opportunity to attend a mandatory welcome talk. The session includes information on Student Support, Tier 4 Visas, Settling in to the UK/University and other useful information.	<a href="#">Click here</a>	International Team Student Centre Chancellor's Mall Deane  Tel: 01204 903813 Email: <a href="mailto:internationalstudents@bolton.ac.uk">internationalstudents@bolton.ac.uk</a>	
13 May 2022	11:00 - 12:30	Campus Tour	In Person tour to depart from the Student Centre, Chancellor's Mall at 11:15. Take a tour of the University campus including the Library, Catering Facilities, Life Lounge, Sport and Wellness Centre, Institute of Management, Chaplaincy plus	<a href="#">On Campus - Student Centre, Chancellor's Mall</a>	International Team Student Centre Chancellor's Mall Deane  Tel: 01204 903813 Email: <a href="mailto:internationalstudents@bolton.ac.uk">internationalstudents@bolton.ac.uk</a>	
13 May 2022	10:00 - 14:00	Wellbeing Funfair	Funfair games with a prize of wellbeing hamper for one lucky student who participates – supporting Mental Health Awareness Week.	<a href="#">The Sward, Chancellor's Building</a>	Student Life Team Student Centre Chancellor's Mall Deane  Tel: 01204 903466 Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>	
13 May 2022	12:15 - 12:45	Wellbeing Walk	Fancy getting out in the fresh air? Join us for a quick stroll, its not far, its not fast, its about getting up and going out to stretch your legs.	<a href="#">Click here to book your place</a>	Sport & Wellness Centre  Tel: 01204 903172 Email: <a href="mailto:sportscentre@bolton.ac.uk">sportscentre@bolton.ac.uk</a>	

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13 May 2022	14:00 - 15:30	Bolton Town Centre Tour	Take a tour of Bolton Town Centre accompanied by a member of staff and student ambassador. The tour will take in key locations and places of interest.	<a href="#">On Campus - Student Centre, Chancellor's Mall</a>	International Team Student Centre Chancellor's Mall Deane  Tel: 01204 903813 Email: <a href="mailto:internationalstudents@bolton.ac.uk">internationalstudents@bolton.ac.uk</a>	
16 May 2022	08:30 - 10:00	Don't Skip Breakfast	Free fruit and water to fuel you for the day.	<a href="#">On Campus - Chancellor's Mall</a>	Student Life Team Student Centre Chancellor's Mall Deane  Tel: 01204 903466 Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>	
17 May 2022	12:00 - 13:00	Grammar Clinic	Advice and support on academic writing and the appropriate use of spelling and grammar. Password for Moodle: eap@123	<a href="#">Online: Click here</a>  <a href="#">On Campus - Peter Marsh Library, Chancellor's Mall</a>	Kat Cridland  M-Block Deane  Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>	
18 May 2022	12:00 - 13:00	Knit 'n' Natter	Join a friendly group of staff and students some of whom are new to knitting. An opportunity to learn how to knit and a chance to make new friends. Spare needles, wool and patterns are available or you can bring your own.	<a href="#">On Campus - Click here to book</a>	Pam Hardy, Peter March Library, Chancellor's Mall Deane  Tel: 01204 903094	
18 May 2022	15:00 - 17:00	Sport & Wellness Centre Taster Sessions	Sports Centre tour and familiarisation with instructed use of climbing wall and sports hall. Activities will include Table Tennis, Badminton, Basket Ball and Football. (Max 18 Persons).	<a href="#">On Campus - Sport &amp; Wellness Centre, Bolton One</a>	Adam McGladdery Sport & Wellness Centre  Tel: 01204 903172 Email: <a href="mailto:sportscentre@bolton.ac.uk">sportscentre@bolton.ac.uk</a>	

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18 June 2022	17:00 - 19:00	Online Games Evening	Relax, meet new other students and play online games with the Student Life team.	<a href="#">Click here to book</a>	Student Life Team Student Centre Chancellor's Mall Deane  Tel: 01204 903466 Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>	●
19 May 2022	09:30 - 11:30	English Language Tutorials	Introduction to academic writing, paraphrasing, using academic text, referencing and more. Password for Moodle: eap@123.	<a href="#">Click here</a>	Kat Cridland  M-Block Deane  Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>	●
19 May 2022	12:15 - 13:15	International Welcome & Induction Session	The first opportunity to attend a mandatory welcome talk. The session includes information on Student Support, Tier 4 Visas, Settling in to the UK/ University and other useful information.	<a href="#">Click here</a>	International Team Student Centre Chancellor's Mall Deane  Tel: 01204 903813 Email: <a href="mailto:internationalstudents@bolton.ac.uk">internationalstudents@bolton.ac.uk</a>	●
19 May 2022	13:00 - 15:00	English Language Tutorials	Introduction to academic writing, paraphrasing, using academic text, referencing and more. Password for Moodle: eap@123.	<a href="#">On Campus - Peter Marsh Library, Chancellor's Mall</a>	Kat Cridland  M-Block Deane  Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>	●
19 May 2022	14:00 - 15:30	Bolton Town Centre Tour	Take a tour of Bolton Town Centre accompanied by a member of staff and student ambassador. The tour will take in key locations and places of interest.	<a href="#">On Campus - Student Centre, Chancellor's Mall</a>	International Team Student Centre Chancellor's Mall Deane  Tel: 01204 903813 Email: <a href="mailto:internationalstudents@bolton.ac.uk">internationalstudents@bolton.ac.uk</a>	●

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20 May 2022	10:00 - 11:00	International Welcome & Induction Session	The first opportunity to attend a mandatory welcome talk. The session includes information on Student Support, Tier 4 Visas, Settling in to the UK/ University and other useful information.	<a href="#">Click here</a>	International Team Student Centre Chancellor's Mall Deane  Tel: 01204 903813 Email: <a href="mailto:internationalstudents@bolton.ac.uk">internationalstudents@bolton.ac.uk</a>	
23 June 2022	10:00 - 15:00	Book Swap	Swap your old textbooks for new ones and grab a new fiction read in a sustainable Book Swap.	On Campus - Social Learning Zone (SLZ), Chancellor's Mall	Student Life Team Student Centre Chancellor's Mall Deane  Tel: 01204 903466 Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>	
24 May 2022	12:00 - 13:00	Grammar Clinic	Advice and support on academic writing and the appropriate use of spelling and grammar. Password for Moodle: eap@123	Online: <a href="#">Click here</a> On Campus - Peter Marsh Library, Chancellor's Mall	Kat Cridland  M-Block Deane  Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>	
24 May 2022	12:00 - 13:00	Welcome Week Questions and Answers Session	This is an opportunity for new students to ask questions about student support and to hear from current students. Topics will include, Student Life, Disability Services, Student Mental Health and Wellbeing, Learning Life, Library and more.	<a href="#">Click here</a>	Student Life Team Student Centre Chancellor's Mall Deane  Tel: 01204 903466 Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>	
25 May 2022	11:00 - 13:00	Meet and Great with the Students' Union	An opportunity for you to meet with the Students' Union and other students. Refreshments will be provided.	On Campus - The Loft, Chancellor's Mall	Bolton Students' Union Chancellor's Mall Deane  Tel: 01204 900850 Email: <a href="mailto:info@boltonsu.com">info@boltonsu.com</a>	

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Date	Time	Activity	Information	Link/Location	Who to Contact?	Key
25 May 2022	12:30 - 13:30	Culture Shock Webinar	An opportunity to meet with other international students and take time to understand the UK and how it feels to study and live in a new country.	<a href="#">On Campus - C1-009, Senate House</a>	International Team Student Centre Chancellor's Mall Deane  Tel: 01204 903813 Email: <a href="mailto:internationalstudents@bolton.ac.uk">internationalstudents@bolton.ac.uk</a>	
25 May 2022	15:00 - 17:00	Sport & Wellness Centre Taster Sessions	Sports Centre tour and familiarisation with instructed use of climbing wall and sports hall. Activities will include Table Tennis, Badminton, Basket Ball and Football. (Max 18 Persons).	<a href="#">On Campus - Sport &amp; Wellness Centre, Bolton One</a>	Adam McGladdery Sport & Wellness Centre  Tel: 01204 903172 Email: <a href="mailto:sportscentre@bolton.ac.uk">sportscentre@bolton.ac.uk</a>	
26 May 2022	09:30 - 11:30	English Language Tutorials	Introduction to academic writing, paraphrasing, using academic text, referencing and more. Password for Moodle: eap@123.	<a href="#">Click here</a>	Kat Cridland  M-Block Deane  Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>	
26 May 2022	12:15 - 13:15	International Welcome & Induction Session	The first opportunity to attend a mandatory welcome talk. The session includes information on Student Support, Tier 4 Visas, Settling in to the UK/ University and other useful information.	<a href="#">Click here</a>	International Team Student Centre Chancellor's Mall Deane  Tel: 01204 903813 Email: <a href="mailto:internationalstudents@bolton.ac.uk">internationalstudents@bolton.ac.uk</a>	
26 May 2022	13:00 - 15:00	English Language Tutorials	Introduction to academic writing, paraphrasing, using academic text, referencing and more. Password for Moodle: eap@123.	<a href="#">On Campus - Peter Marsh Library, Chancellor's Mall</a>	Kat Cridland  M-Block Deane  Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>	

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27 May 2022	10:00 - 11:00	International Welcome & Induction Session	The first opportunity to attend a mandatory welcome talk. The session includes information on Student Support, Tier 4 Visas, Settling in to the UK/ University and other useful information.	<a href="#">Click here</a>	International Team Student Centre Chancellor's Mall Deane  Tel: 01204 903813 Email: <a href="mailto:internationalstudents@bolton.ac.uk">internationalstudents@bolton.ac.uk</a>	
31 May 2022	12:00 - 13:00	Grammar Clinic	Advice and support on academic writing and the appropriate use of spelling and grammar. Password for Moodle: eap@123	<a href="#">Online: Click here</a>  <a href="#">On Campus - Peter Marsh Library, Chancellor's Mall</a>	Kat Cridland  M-Block Deane  Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>	
01 June 2022	10:00 - 15:00	The Queen's Platinum Jubilee Crafternoon	Join us to celebrate the Queens Platinum Jubilee by crafting your own commemorative Jubilee decorations! A great way to de-stress and meet other students!	<a href="#">On Campus - Social Learning Zone (SLZ), Chancellor's Mall</a>	Student Life Team Student Centre Chancellor's Mall Deane  Tel: 01204 903466 Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>	
07 June 2022	11:00 - 12:00	Resilience Workshop	A short workshop on the subject of resilience, emotional, cognitive and mental resilience to improve your quality of life and provide information on coping strategies.	<a href="#">Click here</a>	Life Lounge T2, Eagle Tower Chancellor's Building Deane  Tel: 01204 903566 Email: <a href="mailto:lifelounge@bolton.ac.uk">lifelounge@bolton.ac.uk</a>	
07 June 2022	12:00 - 13:00	Grammar Clinic	Advice and support on academic writing and the appropriate use of spelling and grammar. Password for Moodle: eap@123	<a href="#">Online: Click here</a>  <a href="#">On Campus - Peter Marsh Library, Chancellor's Mall</a>	Kat Cridland  M-Block Deane  Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>	

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Date	Time	Activity	Information	Link/ Location	Who to Contact?
09 June 2022	09:30 - 11:30	English Language Tutorials	Introduction to academic writing, paraphrasing, using academic text, referencing and more. Password for Moodle: eap@123.	<a href="#">Click here</a>	Kat Cridland M-Block Deane Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>
09 June 2022	11:00 - 14:00	Board Games and Quiz	Gather with your friends and enjoy a few hours of wind-down playing some board games! Test your knowledge with a quiz we will be holding!	On Campus - Institute of Management (IOM), Bolton Town Centre	Student Life Team Student Centre Chancellor's Mall Deane Tel: 01204 903466 Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>
09 June 2022	12:15 - 13:15	International Welcome & Induction Session	The first opportunity to attend a mandatory welcome talk. The session includes information on Student Support, Tier 4 Visas, Settling in to the UK/ University and other useful information.	On Campus: C1-002, Senate House	International Team Student Centre Chancellor's Mall Deane Tel: 01204 903813 Email: <a href="mailto:internationalstudents@bolton.ac.uk">internationalstudents@bolton.ac.uk</a>
09 June 2022	13:00 - 15:00	English Language Tutorials	Advice and support on academic writing and the appropriate use of spelling and grammar. Password for Moodle: eap@123	On Campus - Peter Marsh Library, Chancellor's Mall	Kat Cridland M-Block Deane Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>
09 June 2022	13:15 - 14:30	Campus Tour	Take a tour of the University campus including the Library, Catering Facilities, Life Lounge, Sport and Wellness Centre, Institute of Management, Chaplaincy plus more. Tour to depart from the Student Centre at 13:30.	On Campus - Student Centre, Chancellor's Mall	International Team Student Centre Chancellor's Mall Deane Tel: 01204 903813 Email: <a href="mailto:internationalstudents@bolton.ac.uk">internationalstudents@bolton.ac.uk</a>

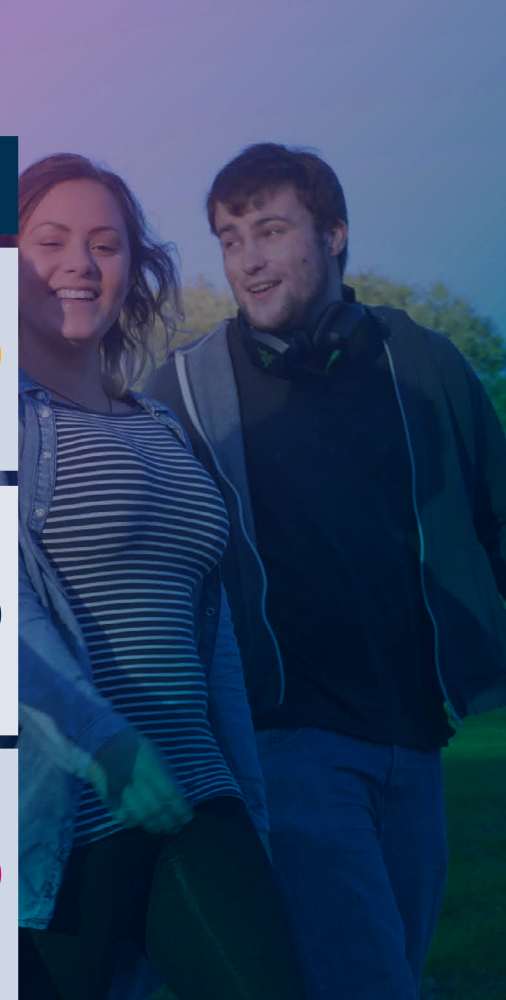
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09 June 2022	18:00 - 20:00	International Student Community Welcome	An opportunity to meet with other international students studying at the University of Bolton. Celebrate and embrace different cultures and beliefs. Refreshments will be provided and there will be fun social activities for you to	On Campus - The Loft Chancellor's Mall	International Team Student Centre Chancellor's Mall Deane  Tel: 01204 903813 Email: <a href="mailto:internationalstudents@bolton.ac.uk">internationalstudents@bolton.ac.uk</a>
10 June 2022	10:00 - 11:00	International Welcome & Induction Session	The first opportunity to attend a mandatory welcome talk. The session includes information on Student Support, Tier 4 Visas, Settling in to the UK/ University and other useful information.	On Campus - C1-009, Senate House	International Team Student Centre Chancellor's Mall Deane  Tel: 01204 903813 Email: <a href="mailto:internationalstudents@bolton.ac.uk">internationalstudents@bolton.ac.uk</a>
10 June 2022	11:00 - 12:30	Campus Tour	Take a tour of the University campus including the Library, Catering Facilities, Life Lounge, Sport and Wellness Centre, Institute of Management, Chaplaincy plus more. Tour to depart from the Student Centre at 11:15.	On Campus - Student Centre, Chancellor's Mall	International Team Student Centre Chancellor's Mall Deane  Tel: 01204 903813 Email: <a href="mailto:internationalstudents@bolton.ac.uk">internationalstudents@bolton.ac.uk</a>
13 June 2022	11:00 - 12:00	Gardening Session	Did you know that the University has herb garden? Come and have a look and pick up your own seeds and plants to grow yourself! Know more about how to grow a garden.	On Campus - Herb Garden, Chancellor's Building	Student Life Team Student Centre Chancellor's Mall Deane  Tel: 01204 903466 Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>
14 June 2022	12:00 - 13:00	Grammar Clinic	Advice and support on academic writing and the appropriate use of spelling and grammar. Password for Moodle: eap@123	Online: <a href="#">Click here</a> On Campus - Peter Marsh Library, Chancellor's Mall	Kat Cridland  M-Block Deane  Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>

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16 June 2022	09:30 - 11:30	English Language Tutorials	Introduction to academic writing, paraphrasing, using academic text, referencing and more. Password for Moodle: eap@123.	<a href="#">Click here</a>	Kat Cridland M-Block Deane Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>
16 June 2022	14:00 - 15:00	Culture Shock Webinar	An opportunity to meet with other international students and take time to understand the UK and how it feels to study and live in a new country.	<a href="#">On Campus - C1-009, Senate House</a>	International Team Student Centre Chancellor's Mall Deane Tel: 01204 903813 Email: <a href="mailto:internationalstudents@bolton.ac.uk">internationalstudents@bolton.ac.uk</a>
20 June 2022	11:00 - 14:00	Scavenger/Treasure Hunt - Sports to bring activities	Can you find all the hidden clues and lead your team to the treasure? Join us for our scavenger hunt around the University campus where you can collect clues and compete with your friends to find the final prize!	<a href="#">On Campus - Main Deane Campus, Univeristy of Bolton</a>	Student Life Team Student Centre Chancellor's Mall Deane Tel: 01204 903466 Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>
21 June 2022	13:00 - 15:00	English Language Tutorials	Introduction to academic writing, paraphrasing, using academic text, referencing and more. Password for Moodle: eap@123.	<a href="#">On Campus - Peter Marsh Library, Chancellor's Mall</a>	Kat Cridland M-Block Deane Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>
21 June 2022	12:00 - 13:00	Grammar Clinic	Advice and support on academic writing and the appropriate use of spelling and grammar. Password for Moodle: eap@123	<a href="#">Online: Click here</a> <a href="#">On Campus - Peter Marsh Library, Chancellor's Mall</a>	Kat Cridland M-Block Deane Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>

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22 June 2022	15:00 - 17:00	Sport & Wellness Centre Taster Sessions	Sports Centre tour and familiarisation with instructed use of climbing wall and sports hall. Activities will include Table Tennis, Badminton, Basket Ball and Football. (Max 18 Persons).	<a href="#">On Campus - Sport &amp; Wellness Centre, Bolton One</a>	Adam McGladdery Sport & Wellness Centre Tel: 01204 903172 Email: <a href="mailto:sportscentre@bolton.ac.uk">sportscentre@bolton.ac.uk</a>	
23 June 2022	09:30 - 11:30	English Language Tutorials	Introduction to academic writing, paraphrasing, using academic text, referencing and more. Password for Moodle: eap@123.	<a href="#">Click here</a>	Kat Cridland M-Block Deane Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>	
23 June 2022	12:00 - 14:00	International Student Community Activity Day	Take part in competitive sports games with the Sports Centre. Either come as a team or become part of one on the day. Make new friends and test your skills in an egg and spoon race and tug of war!	<a href="#">On Campus - The Sward, Chancellor's Building, Deane Campus</a>	Student Life Team Student Centre Chancellor's Mall Deane Tel: 01204 903466 Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>	
23 June 2022	13:00 - 15:00	English Language Tutorials	Introduction to academic writing, paraphrasing, using academic text, referencing and more. Password for Moodle: eap@123.	<a href="#">On Campus - Peter Marsh Library, Chancellor's Mall</a>	Kat Cridland M-Block Deane Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>	
28 June 2022	12:00 - 13:00	Grammar Clinic	Advice and support on academic writing and the appropriate use of spelling and grammar. Password for Moodle: eap@123	<a href="#">Online: Click here</a> <a href="#">On Campus - Peter Marsh Library, Chancellor's Mall</a>	Kat Cridland M-Block Deane Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>	

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29 June 2022	15:00 - 17:00	Sport & Wellness Centre Taster Sessions	Sports Centre tour and familiarisation with instructed use of climbing wall and sports hall. Activities will include Table Tennis, Badminton, Basket Ball and Football. (Max 18 Persons).	<a href="#">On Campus - Sport &amp; Wellness Centre, Bolton One</a>	Adam McGladdery Sport & Wellness Centre Tel: 01204 903172 Email: <a href="mailto:sportscentre@bolton.ac.uk">sportscentre@bolton.ac.uk</a>	
30 June 2022	09:30 - 11:30	English Language Tutorials	Introduction to academic writing, paraphrasing, using academic text, referencing and more. Password for Moodle: eap@123.	<a href="#">Click here</a>	Kat Cridland M-Block Deane Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>	
30 June 2022	13:00 - 15:00	English Language Tutorials	Introduction to academic writing, paraphrasing, using academic text, referencing and more. Password for Moodle: eap@123.	<a href="#">On Campus - Peter Marsh Library, Chancellor's Mall</a>	Kat Cridland M-Block Deane Tel: 01204 903164 Email: <a href="mailto:K.Cridland@bolton.ac.uk">K.Cridland@bolton.ac.uk</a>	
01 July 2022	11:00 - 14:00	Plastic-Free July: Plastic-free DIY workshops	Join us for a sustainable, plastic-free crafting day with our PGCE students.	<a href="#">On Campus - Social Learning Zone (SLZ), Chancellor's Mall</a>	Student Life Team Student Centre Chancellor's Mall Tel: 01204 903466 Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>	
07 July 2022	11:00 - 15:00	Chocolate Day: Quiz & Chocolate Hamper prize	How much do you really know about chocolate? Take part in the Student Life online interactive quiz to celebrate chocolate day. You could even win a hamper of chocolate goodies!	<a href="#">On Campus - Queen's Specialist Building, Farnworth</a>	Student Life Team Student Centre Chancellor's Mall Tel: 01204 903466 Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>	
11 July 2022	12:00 - 14:00	Pizza & Paint-along	Follow a relaxing Bob Ross tutorial, learning how to create scenic landscapes with simple bush strokes. Grab a slice of pizza while you paint to fuel your creativity.	<a href="#">On Campus - Social Learning Zone (SLZ), Chancellor's Mall</a>	Student Life Team Student Centre Chancellor's Mall Tel: 01204 903466 Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>	
29 July 2022	12:00 - 15:00	Summer BBQ & Picnic	Enjoy a relaxing picnic in sun. Enjoy funfair games with the Student Life team and activities with the Sports Centre. Picnic blankets will be provided - just bring yourself!	<a href="#">On Campus - The Sward, Chancellor's Building, Deane Campus</a>	Student Life Team Student Centre Chancellor's Mall Tel: 01204 903466 Email: <a href="mailto:studentlife@bolton.ac.uk">studentlife@bolton.ac.uk</a>	

-  Academic Session
-  Social Activity
-  Tour
-  Induction Session
-  Personal Development

# Take a Tour of the Peter Marsh Library

Date	Time	Activity	Information	Link/ Location	Who to Contact?	Key
18 May 2022	10:30 - 11:00	Library Tour	Take a tour of the Peter Marsh Library. Find out about all the resources we have available for you.	<a href="#">On Campus - Peter Marsh Library, Chancellor's Mall</a>	Peter Marsh Library Chancellor's Mall Deane Tel: 01204 903094	
18 May 2022	14:30 - 15:00	Library Tour	Take a tour of the Peter Marsh Library. Find out about all the resources we have available for you.	<a href="#">On Campus - Peter Marsh Library, Chancellor's Mall</a>	Peter Marsh Library Chancellor's Mall Deane Tel: 01204 903094	
25 May 2022	10:30 - 11:00	Library Tour	Take a tour of the Peter Marsh Library. Find out about all the resources we have available for you.	<a href="#">On Campus - Peter Marsh Library, Chancellor's Mall</a>	Peter Marsh Library Chancellor's Mall Deane Tel: 01204 903094	
25 May 2022	14:30 - 15:00	Library Tour	Take a tour of the Peter Marsh Library. Find out about all the resources we have available for you.	<a href="#">On Campus - Peter Marsh Library, Chancellor's Mall</a>	Peter Marsh Library Chancellor's Mall Deane Tel: 01204 903094	
09 June 2022	10:30 - 11:00	Library Tour	Take a tour of the Peter Marsh Library. Find out about all the resources we have available for you.	<a href="#">On Campus - Peter Marsh Library, Chancellor's Mall</a>	Peter Marsh Library Chancellor's Mall Deane Tel: 01204 903094	
09 June 2022	14:30 - 15:00	Library Tour	Take a tour of the Peter Marsh Library. Find out about all the resources we have available for you.	<a href="#">On Campus - Peter Marsh Library, Chancellor's Mall</a>	Peter Marsh Library Chancellor's Mall Deane Tel: 01204 903094	

- Academic Session
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# What to do Next?

Most if not all communications from the University including assessment deadlines, activities, events will be despatched through the University emails. It is therefore vital that you connect your devices to receive and process University emails and you keep checking for emails regularly.

Our experience shows students who fail to read emails miss important messages and deadlines and struggle to succeed.

Please download the 'MyBolton' app from the **Apple App Store** or **Google Play Store**, then login using your University of Bolton Username and Password the app will be used for:

Single sign on gateway for many resources, such as Checking into your lectures, Accessing your timetable and events, accessing online resources such as the library and Moodle.

We are using the '**MyBolton**' mobile App to register your attendance at your scheduled lectures and this provides valuable data on participation and engagement.

Why not take a look at the dedicated Welcome to Bolton Website - [Click Here](#).

As an International Student you **MUST** attend one of the International Welcome Sessions, these are held weekly so please make sure you attend one of these sessions.

# Student ID Card & Lanyard

You'll need your Bolton student card and lanyard from the first moment you enrol. You are required to wear your ID card whenever you are on campus. You will need your student card to access most of the buildings around campus. You will also need your card to access the 24-hour library, sit examinations and make payments at the finance office.



## My Bolton

Welcome to **MyBolton**, the official app for the University of Bolton, providing useful information, tools, news, events and updates for enquiries, applicants, students, staff and alumni.

For current students using the app it will keep you up-to-date with all the developments on campus and help you manage your day to day life on or off campus. You will be able to access your timetable, emails, Moodle, library account, calendar, PC availability, advice and support, campus maps, student hub and much more.





# Anderton Centre

The Anderton Centre offers high quality and unique experiences for education establishments, community groups, and voluntary organisations. The Anderton Centre is part of the wider University of Bolton Group.

Students at the University of Bolton can access a range of activities at the Anderton Centre such as;

- Kayaking & Raft Building
- Canoeing & Sailing
- Paddle Boarding & Powerboating
- Abseiling, Rock Climbing & Boulder Wall
- Archery & Bushcraft
- Caving
- Low Ropes & High Ropes and much more!

The Sport and Wellness Centre in Bolton One is your first stop to find out more about the Anderton Centre. You just need to pop in or contact us on the details below.

We offer regular 'Pay & Play' sessions that students can take advantage of at a highly reduced rate.



# Useful Contacts

The University of Bolton prides itself on being a friendly university which strives to ensure all students succeed in their studies with us! There maybe times when you need to contact different members of staff at the Univeristy. You can find staff contact details on our dedicated 'Staff Search' section on our website [here](#). We have also included some Key Contacts below;

## International Student Support

Tel: +44 (0) 1204 903813 or +44 (0) 1204 903828

Email: [Internationalstudents@bolton.ac.uk](mailto:Internationalstudents@bolton.ac.uk)

## Student Centre

Tel: +44 (0) 1204 903713

Email: [Studentadvisors@bolton.ac.uk](mailto:Studentadvisors@bolton.ac.uk)

## Life Lounge (Mental Health & Wellbeing Team)

Tel: +44 (0) 1204 903566

Email: [Lifelounge@bolton.ac.uk](mailto:Lifelounge@bolton.ac.uk)

## Students' Union

Tel: +44 (0) 1204 900850

Email: [Info@boltonsu.com](mailto:Info@boltonsu.com)



+44 (0)1204 900600

[Internationalstudents@bolton.ac.uk](mailto:Internationalstudents@bolton.ac.uk)

[www.bolton.ac.uk](http://www.bolton.ac.uk)

Deane Rd, Bolton, BL3 5AB

[/UniversityofBolton](https://www.facebook.com/UniversityofBolton)

[@BoltonUni](https://www.instagram.com/BoltonUni)

[@BoltonUni](https://www.twitter.com/BoltonUni)

[/UniversityofBolton](https://www.linkedin.com/company/UniversityofBolton)

## How to Access Support Available

You can access support in person, online and via our dedicated support webpages. Our staff are here to support you when you need it, please do come to the Student Centre to speak with one of our team. We have a dedicated International Student Support team based in the Student Centre, Chancellor's Mall, which is open 08:45 - 17:00 Monday to Friday.



**Aimee Kirton**  
International Student Advisor



**Ansh Sachdeva**  
International Student Officer

