

The latest news and announcements from the University of Bolton Social Work Centre

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Raising awareness and funds for children across the UK with life limiting conditions.

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New group starting at the social work centre online using zoom



Children's Hospice Week 21st June-27th June

Children's Hospice Week is the only week in the year dedicated to raising awareness and funds for the 49,000 children aged 0-18 across the UK living with life-limiting or life threatening conditions, and the lifeline services that support them.

The Make Things Group

By Toyin Babs-Alli



We are excited to announce the launch of a new online group on making new things from old things starting online on Friday 25th June at 2:30pm. Here is a message from the group leader.

Hi my name is Toyin Babs-Alli. For the purpose of this group, you can call me **Ty**. I am starting this group, first and foremost because I love creating things with my hands. Working with my hands, I have discovered is therapeutic for me. It is the only exercise I can go on doing without getting bored. Across the world, the buzz word is the ecosystem, and how much damage consumerism has done to the environment through the culture of throwing away things we no longer need. Along came another buzz set of words, "Reuse. Recycle. Upcycle", which are good words that could save the environment if we all do our bits. Therefore, this group will be focusing on creating new stuff from old. Apart from the fact that we get to stand out wearing/displaying our beautiful creation, we also become socially responsible by reducing what goes to landfills. Join me this week as we learn together to make a no-sew-mask.

Get those old t-shirts ready, and let's get making!

Join me online on Friday 25th June at 2:30pm For more information contact: socialworkcentre@bolton.ac.uk or telephone 01204 903 334



The Positive Mental Health and Wellbeing Group

By Connie

The University of Bolton Social Work Centre will be running a series of online sessions around positive mental health and well-being.

We are introducing the group by hosting a Virtual coffee morning!

This is an opportunity to socialise, meet new friends and connect with others. Each week we will have a different theme that is of interest to you and it will be great to have your input on what you would like discussed or talked about.

Why not grab a drink and join us! On Monday the 28th of June at 11:00am

If you have any questions you can contact us on: 01204 903 334

Email us for the zoom link on: socialworkcentre@bolton.ac.uk

We look forward to seeing you online!

WE ARE OPEN

The Social Work Centre is open for face-to-face contact. As we ease out of lock down restrictions, we are now able to meet at the Centre on a one-to one basis by appointment only. Do feel free to contact us if you need any help or advice, and we will do our very best to support you. If there is any issue, and you are not sure who you should be contacting, or what services are available for help, we may be able to guide you.

Tel: 01204 903334

Email: socialworkcentre@bolton.ac.uk

You can also contact us and follow us on



@UoBSWCentre



@boltonSWcentre



UOB Social Work Centre

"We aim to provide a high standard of support to bring positive change for communities, families and individuals."