

The Post

11th November 2021

The latest news and announcements from the University of Bolton Social Work Centre



Talk money week 2021 -
November 9 - November 12

Our services include (but are not limited to):

- Help with Benefits.
- Help with housing.
- Help with Budgeting.
- Advocacy Work.
- Education and Employment.

The week provides a platform to have a conversation about money between families and friends, at work or at school or any other walk of life. Our goal is to turn talking about money from one of the UK's least favourite topics into something commonplace.

Why talk money?

Talking openly about money is vitally important for our health, wealth and relationships. The effect of Covid-19 has made it more important than ever to start conversations about money.

Research shows that people who talk about money:

- Make better and less risky financial decisions
- Have stronger personal relationships
- Help their children form good lifetime money habits
- Feel less stressed or anxious and more in control.

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Email: socialworkcentre@bolton.ac.uk

Budgeting

I	E	Y	O	L	P	O	N	O	S	C	T	E	G
I	S	N	T	S	O	U	T	C	K	T	I	O	N
D	S	P	A	O	E	S	S	A	N	S	G	I	I
E	M	G	T	T	E	B	O	Y	A	S	N	S	D
S	O	N	N	N	Y	U	N	T	B	C	I	T	N
B	N	M	S	A	F	D	L	C	O	E	E	A	E
G	E	B	T	N	I	G	E	M	N	A	C	T	P
N	Y	S	N	C	N	E	E	N	T	U	I	E	S
O	E	G	U	O	A	T	M	N	A	E	M	M	S
G	S	N	O	N	N	S	C	O	A	O	N	E	N
G	E	I	C	T	C	O	N	N	E	I	N	N	E
T	P	V	C	R	E	U	E	O	I	N	D	T	A
N	N	A	A	O	S	B	C	R	C	E	E	S	O
D	K	S	I	L	M	E	I	N	T	N	O	C	A

- MONEY
- BANKS
- ACCOUNTS
- INCOME
- CONTROL
- STATEMENTS
- SPENDING
- BUDGETS
- SAVINGS
- FINANCES

Play this puzzle online at : <https://thewordsearch.com/puzzle/2957792/>

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5 ways to wellbeing short course in conjunction with BAND Family Action has started at the Social Work Centre, Queen's Specialist Building, Queen Street in Farnworth, the next session will be held on Friday 12th November 10:30am. For more information or to register please contact Martin on 01204 380643



All our services are completely free of charge, and our student staff work on a voluntary basis, we are currently open Monday to Friday, 9am until 5pm. Over the next twelve months, we plan to increase our opening hours, and the centre will be staffed all year round.

Where we are:
University of Bolton Social Work Centre,
Queens specialist building,
Queen street,
Farnworth,
Bolton,
BL4 7DX

You can also find us on social media:



@boltonSWCentre



@UoB Social Work Centre



www.bolton.ac.uk/social-work-centre

"We aim to provide a high standard of support to bring positive change for communities, families and individuals"