

Abby: Graduated 2020

The sports rehabilitation course enabled me to gain invaluable practical experience working with a variety of athletes and patients. This developed my competency and confidence as an applied practitioner. The course emphasises the importance of employability and experience in a practical setting, which is vital to the patient-client relationship. Alongside this, enabling me to learn skills such as injury management, physiology and anatomy, making me a much more effective rehabilitator. The facilities at Bolton One are fantastic, and help to facilitate your learning and development throughout the course. It really does make you feel part of a community, enabling you to meet network connections you will keep for life and the incredible, highly qualified, and experienced lecturers really support you every step of the way, even after graduation. The course provided me with a stepping stone to further my development onto a MSc in Psychology of Sport and Exercise and my career in sport through working as a sports rehabilitator at Rochdale AFC DC.

James: Graduated 2020.

Completing the Sports Rehabilitation degree has enabled to fulfil my career aspirations of working within professional football. The staff were always on hand to offer their support and guidance both within the modules and to further facilitate my personal development - which allowed me to flourish and reach my potential. In addition to this, the course has provided me with the opportunity to enhance my academic skills by enrolling on the MSc Strength and Conditioning course too at the University of Bolton. The outstanding experience I had on the undergraduate degree, made it a no-brainer to continue at this institution.

"The staff are willing and open to help you in every aspect of your education and wellbeing. The facilities are updated and used across the whole course and are available when extra learning is needed" - Darlene Chitsa, Student

"Bolton university is quite small, which is really lovely because everyone knows you and genuinely actually cares for you - you're not just a number. After the cube fire, it really showed the sense of community here as we all came together to show support. The course itself is very practical and interesting and is providing me with many opportunities. The lecturers work their hardest to make sure all students needs are met, and create a lovely environment." – Sophie Hopley, Student

"As someone who find the education system a difficult one, it's the first time I've felt smart and confident within my own abilities and it's the best feeling in the world" – Alex Walker, Student

"Our students gain 'advanced' knowledge and skills in sport development, physical activity and sports coaching practices through a range of relevant, applied and flexible teaching, learning and assessment methods e.g. work experience, live projects and action research – Programme leader