

Sport Rehabilitation Summary.

Sport Rehabilitation is a dynamic and challenging programme designed to meet the demands of working with athletes and within sports environments. The degree programme is overseen by the governing body for graduate level Sport Rehabilitators BASRaT (British Association of Sport Rehabilitators & Trainers) ensuring quality and excellence from graduates going into practice. The multifaceted nature of the profession is reflected in the design and delivery of the course building on theoretical principles in Anatomy and Physiology, Human Movement, Sports Psychology, Strength and Conditioning and work placement experiences that underpin treatment, management and rehabilitation strategies appropriate to athletes of all levels.

Throughout the UG and PG programmes you will undertake taught theory and practical elements that utilise state of the art clinical and testing facilities at the University of Bolton providing the opportunity for students to apply and develop treatment and management skills in-conjunction with physiological and biomechanical testing of our elite and athletic clients.

During your time at the University of Bolton you will work with elite athletes from our partner organisations in your capacity as a student Sport Rehabilitator. Current partners include professional football teams Bolton Wanderers FC, Stockport County FC, along with Super league Rugby teams across our region, and athletes from Team GB and Paralympic GB.

On successful completion the course including 400 hours of work placement experience you will be eligible to register with BASRaT as a graduate Sport Rehabilitator.