

UoB Social Work Centre

WE ARE NOW OPEN!

The Social Work Centre is now open for face-to-face contact. As we ease out of lock down restrictions, we are now able to meet at the Centre on a one-to one basis by appointment only. Do feel free to contact us if you need any help or advice, and we will do our very best to support you. If there is any issue, and you are not sure who you should be contacting, or what services are available for help, we may be able to guide you.

Tel: 01204 903334

Email: socialworkcentre@bolton.ac.uk

QUIZ NIGHT

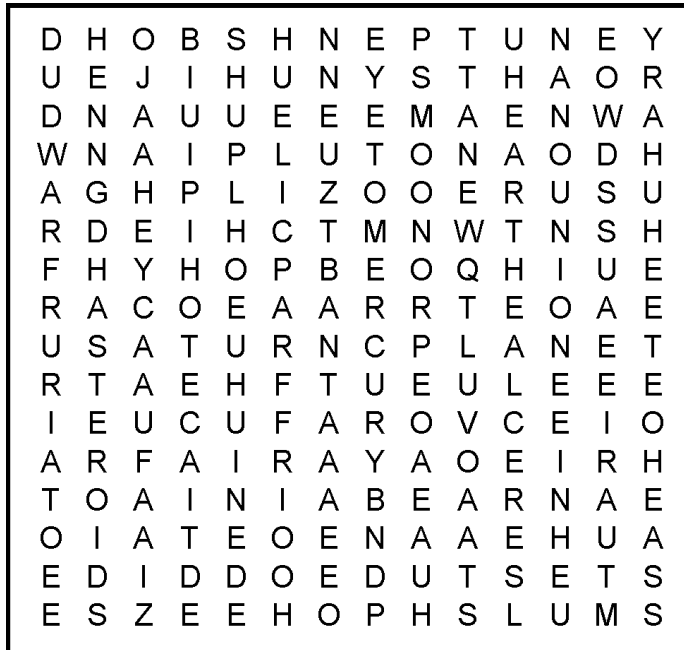
On Thursdays!!!

7pm-8pm on Zoom, hosted by members of our social work team. Everyone is welcome, so if you or someone you know would like to participate, please contact us for a zoom invite by email for the link.

Our Services include (but are not limited to)

- ❖ Help with Benefits
- ❖ Help with housing
- ❖ Help with Budgeting
- ❖ Advocacy Work
- ❖ Education and Employment

WORD SEARCH: PLANETS



VENUS
EARTH
MARS
CERES
ASTEROIDS
JUPITER
SATURN
NEPTUNE
URANUS
PLUTO
DWARF
PLANET
MOON



Team Member Toyin here

Last week, I tried my hand at simple embroidery stitches. It is not perfect, but I will get there.

What crafts or hobbies have you been doing lately?

Let us know by emailing socialworkcentre@bolton.ac.uk





Upcoming activities

Please share with us things that have been keeping you busy, such as, images of landscapes, gardens, art work, paintings or drawings.

Please email to:
socialworkcentre@bolton.ac.uk

We will then select a couple of winners and publish in our next newsletter.

All our services are completely free of charge, and our student staff work on a voluntary basis, we are currently open Monday to Friday, 9am until 5pm. Please feel free to call the Centre, give your name, contact number, email/home address, a brief message and we will be in touch ASAP.

You can also find us on social media:



@boltonSWCentre



@University of Bolton Social Work Centre

Where we are:
University of Bolton Social Work Centre,
Queens specialist building,
Queen street,
Farnworth,
Bolton,
BL4 7DX
Tel: 01204 903334
Email:
socialworkcentre@bolton.ac.uk



@UoB Social Work Centre



www.bolton.ac.uk/social-work-centre

"We aim to provide a high standard of support to bring positive change for communities, families and individuals."



The goals of the Mental Health Awareness Week, according to the Mental Health Foundation, are.

Firstly, to inspire more people to connect with nature in new ways, noticing the impact that this connection can have for their mental health.

Secondly, to convince decision makers at all levels that access to and quality of nature is a mental health and social justice issue as well as an environmental one.

Be aware of the importance of Mental Health!!