

## Information for Greater Manchester University Students 2020

### Residing at your halls of residence once you have arrived

#### Can I return home out of term time?

Students who have moved to live in Greater Manchester are not exempt from current restrictions in place across Greater Manchester. You are considered as having temporarily moved house and are therefore not part of their parent's household. Universities had been advised that you are not to return home (e.g. parents house) in the event of a Covid-19 outbreak and if possible reduce number trips back to parents home.

For further information please click below and see paragraph 8.4. If and when legislation is amended all universities will be advised accordingly.

<https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do>

#### A message from the Chief Medical Officer, Chris Whitty

*“Of course, many university students are in the age bracket where we have seen the infection rates rise recently. My message to students is simple – please, for the sake of your education and your parents’ and your grandparents’ health: wash your hands, cover your face, make space, and don’t socially gather in groups of more than six, now and when term starts.*”

#### Test and Trace information

Anyone with coronavirus symptoms can get a test.

#### The symptoms are:

- A high temperature
- A new, continuous cough
- A loss or change to your sense of smell or taste.

If you have symptoms, get a test as soon as possible. You need to get the test done in the first 5 days of having symptoms. You may also be asked to get a test if, for example, before you go into hospital for surgery.

Only get a test if you have coronavirus symptoms or have been asked to get tested. This will help make sure people who need a test can get one.

If you have symptoms you should also self-isolate at home, including while waiting for a test result or to go for a test. You may also be asked to self-isolate if you have been in contact with someone else who has tested positive for coronavirus.

[More information on when you should self-isolate here](#)

## Test centres

Across Greater Manchester there are numerous testing sites some are drive through and some are walk-through sites. There are testing sites on or close to on the University campuses in Greater Manchester, but you can attend any testing centre and also request a postal kit from the national portal.

[You can find more information on getting tested here](#)

## Community Hubs

We know self-isolating won't be easy for some students and in addition to support provided by your University there is also support available from community hubs across Greater Manchester.

These can provide help and support with food and medical supplies for anyone living in Greater Manchester.



Help and support with **food and medical supplies** for anyone living in Greater Manchester.

**Bolton** 01204 337 221 Mon to Fri: 8.30am – 5.30pm, Saturday: 9am – 1.30pm

**Bury** 0161 253 5353 Monday to Friday: 9am – 5pm

**Manchester** 0800 234 6123 Monday to Friday: 9am – 5pm, Saturday: 10am – 2pm

**Oldham** 0161 770 7007 Monday to Friday: 9am – 5pm

**Rochdale** 01706 923685 Monday to Friday: 9am – 5pm

**Salford** 0800 952 1000 Monday to Friday: 8.30am – 6pm, Saturday: 9am – 1pm

**Stockport** 0161 217 6046 Mon to Thu: 9am – 5pm, Friday: 9am – 4.30pm

**Tameside** 0161 342 8355 Mon to Wed: 8am – 5pm, Thursday: 8am – 4.30pm, Friday: 8.30am – 4pm

**Trafford** 0300 330 9073 Monday to Friday: 8.30am – 5.30pm

**Wigan** 01942 489018 Mon to Fri: 9am – 5pm, Sat and Sun: 9am – 12 noon

**Greater Manchester Textphone** 07860 022876  
Messages will be responded to by the next working day

## Helping to stop the spread of coronavirus

Whether you are on campus, in halls, at the supermarket or out and about, there are a few small steps everyone can take to help keep each other safe and help stop the spread of coronavirus.

### Wash your hands

Wash your hands regularly for 20 seconds with soap and water.

Use hand sanitiser gel if soap and water are not available.

Wash your hands as soon as you get home.

### Keeping your distance

- You need to try and stay at least two metres away from anyone you do not live with.
- If this is not possible, keep one metre away and use other measures to keep yourself safe, such as wearing a face covering, regular hand washing, limiting time with people and being outdoors.

## Face coverings

- In England face coverings must be worn in indoor public settings. This includes:
  - o Public transport
  - o Transport hubs such as train stations
  - o Shops and supermarkets
  - o Shopping centres
  - o Premises providing personal care and beauty treatments such as hair salons and barbers
  - o Libraries
  - o Places of worship
  - o Exhibition halls and conference centres
  - o Public areas in hotels and hostels

## Gatherings and crowded areas

- **From Monday, September 14, social gatherings of more than six people will be illegal in England. We should all be limiting contact with people we do not live with.**
- You should try your best to avoid gatherings and crowded areas.
- Fines of £100 can also be issued to those who participate in illegal gatherings and those who have already receive a fine will see the amount doubled on each offence, up to £3,200

## Why?

- We all need to do our bit to keep each other safe and stop the spread of coronavirus.
- The virus is not gone yet and young people can be impacted by it. You can also spread it to your relatives, friends and the rest of the community.

## Registering with a GP

- Right now it is more important than ever to ensure you are registered with a GP.
- You should register with a GP online as soon as you know your term time addresses, even if this is before you travel to University.
- You can search for the nearest GP surgery to your term time address on the [NHS website](#) and register as a new patient on the GP's website.

## Report a Hate Crime

- If it is an emergency call 999 immediately.
- [If it is not an emergency you can report a hate crime online here](#)
- You can also call 101 or visit a police station.