

PROGRAMME SPECIFICATION

1. Qualification Foundation Degree	2. Programme Title Foundation Degree in Complementary Therapies	3. UCAS Code The UCAS code for the full-time programme at Bolton College is B300 (FdA/CT)	4. Programme Type UGS
5. Main Purposes and Distinctive Features of the Programme The Foundation Degree is designed for people who work in complementary therapies or who have a health-care or physiology background and desire to work in this area. The main features of the programme are: <ul style="list-style-type: none"> • its usefulness in helping you to learn about the professional environments in which complementary therapists work so you can become more effective in the workplace; • the appropriate national occupational standards will be used for the assessment of practical skills and knowledge in the specialist areas and therefore your work on the Foundation Degree programme could contribute towards the achievement of the national standards; • the focus of the assessments are varied and include work-based practice, reflective practice and research into the evidence-base of your specialist areas; • all modules are available as Professional Development Credits so that participants can take small units of study rather than a full programme. 6. What a graduate should know and be able to do on completion of the programme The overall learning outcomes for the programme are that students will: <ul style="list-style-type: none"> • Undertake relevant continuing personal/professional development (CPD) to support improvement in your professional practice in the complementary therapies; • appreciate the historical development of complementary therapies and their role in today's society; • develop practical skills and knowledge of specific complementary therapies and in providing safe and effective consultation and assessment skills; • develop your skills as a reflective practitioner; • read and evaluate academic and medical literature on the evidence-base of specific complementary therapies; • have a broad knowledge of human anatomy, physiology and pathology; • understanding how to set up a business in complementary therapies; • enhance your information and communication technology (ICT) skills so you can participate as an active member of an online community of practice; • develop academic skills so you can study effectively at levels 4 and 5; • develop a range of transferable skills commensurate with studying and working effectively at levels 4 and 5. 			
<u>Knowledge and understanding in the context of the subject(s)</u> K1 Understand the difference between qualitative and quantitative research.		<u>Subject-specific practical/professional skills</u>	

- K2 Identify commonly used research methods, and describe the methods together with their strengths and limitations.
- K3 Understand features of good research.
- K4 Select and read academic literature showing understanding.
- K5 Identify and understand the principles of complementary and alternative therapies which are practiced and identify the cultures in which they have been originally embedded and how they have progressed to western society
- K6 Investigate the contributions of a key figure in the history of complementary and alternative therapies and their impacts on the disciplines.
- K7 Understand the function of each system of the body.
- K8 Understand the structure of each system of the body.
- K9 Understand potential effects of particular therapies, factors that may affect or restrict treatment, and the rationale behind the therapies.
- K10 Understand the main functions in the body and the meaning of health and ill-health in respect of each function.
- K 11 Know the pathology of diseases and disorders within each body system.
- K12 Understand how psychological and physiological processes maintain health and homeostasis.
- K13 Explain how physiological processes maintain health and homeostasis.

Cognitive skills in the context of the subject(s)

- C1 Compare and contrast the orthodox medical approach to health care with that of complementary and alternative therapies.
- C2 Understand the implications of the House of Lords Select Committee Report (2000) on complementary and alternative medicine.
- C3 Comment on the current regulative status of specific complementary and alternative therapies and evaluate the effectiveness of the regulation.
- C4 Analyse the effects on homeostasis when the body systems malfunction
- C5 Understand and apply key legislation relevant to working in complementary therapies practice.
- C6 Understand and follow relevant codes of ethics and professional practice as laid out by regulatory bodies for complementary therapies, and policies and practices of the workplace.
- C7 Explore psychological and physiological factors of health.
- C8 Research the medical approaches of western health care for treating illness and compare the approaches with the ethos of complementary therapies.
- C9 Compare the UK health care provision with that of another geographical area e.g., Asia.
- C10 Critically examine a disease in relation to its care methods in both traditional and complementary therapy practice.
- C11 Analyse different types of complementary therapy businesses, identifying current opportunities that exist within the market.
- C12 Conduct market research into your identified business area and make appropriate choices based upon your findings.
- C13 Develop a business plan that could be used to gain financial backing from an appropriate source and evaluate the plan.
- C14 Investigate the evidence base for specific complementary therapies.
- C15 Analyse case histories and evaluate treatments.

- S1 Review your future career intentions and analysed the main skills and attributes needed to be successful in your career and on your current programme.
- S2 Investigate the history of specific complementary therapies and the contribution of key people in their development.
- S3 Provide an analysis on the evidence base of specific complementary therapies.
- S4 Make decisions regarding treatments for clients and apply treatments safely to client in an ethical and professional manner demonstrating technical knowledge and skills.
- S5 Critically appraise your performance in applying complementary therapy techniques to clients.
- S6 Negotiate and undertake agreed assignments, projects and tasks.
- S7 Use one or more appropriate models of reflection to aid your reflection.
- S8 Use and understand financial information.

Other skills (e.g. key/transferable) developed in subject or other contexts

- O1 Work collaboratively with others
- O2 Structure and present work for assessment in an appropriate manner
- O3 Use English correctly (e.g., grammar, punctuation, spelling, style)
- O4 Reference using the Harvard format
- O5 Manage yourself effectively in a workplace
- O6 Conduct an online literature search and select appropriate material.
- O7 Interpret and understand statistical information

7. Qualities, Skills & Capabilities Profile

A Cognitive	B Practical	C Personal & Social	D Other
Analytical skills	Conduct literature searches	Analyse strengths and limitations of own work	Use information technology
Evaluative skills	Plan, design, conduct research	Work effectively in learning sets	Give presentations
Skills in synthesising	Analyse and report research findings	Work independently	Reflect on own experience and practice
Critical analysis	Write assignments and reports	Plan effectively	Ethics
Research skills	Follow appropriate ethical practice	Communicate effectively both orally and in writing	Review literature
Enquiring skills	Relate theory to practice	Manage time effectively	Scholarship
	Analyse reports and research findings	Participate in discussions	
	Support learning of fellow peers	Action plan	
	Develop practical skills in complementary therapies		

8. Duration and Structure of Programme/Modes of Study/Credit Volume of Study Units			
2 years full-time; 2.5 years part-time.		Total credits: 240 credits (120 credits at Level 4 plus 120 credits at Level 5)	
Level 6 Honours Modules	Core Modules N/A	Options (normally 20 credits each) N/A	Project (20 credits) N/A
Level 5 Honours Modules	<p><u>Core modules</u> Advanced Pathology (15 credits) Setting up a Business in Complementary Therapy (15 credits) Working in Complementary Therapy Practice: Learning and Reflection (15 credits) Working in Complementary Therapy Practice: Learning and Research (15 credits)</p> <p><u>Option modules – you will take 4 option modules</u> Advanced Aromatherapy (15 credits) Advanced Massage (15 credits) Advanced Reflexology (15 credits) Auricular Therapy* (15 credits) Bowen Technique* (15 credits) Nutrition** (15 credits)</p> <p>* available at Bolton College ** available at Bury College</p>		
Level 4	<p><u>Core modules</u> Research, Study Skills and Career Planning for Complementary Therapies (15 credits) Principles of Complementary and Alternative Therapies (15 credits) Introduction to Human Anatomy and Physiology (15 credits) Anatomy, Physiology and Pathology (15 credits) Massage Therapies (15 credits) Reflexology (15 credits) Working in Complementary Therapy Practice: Ethics and Accountability (15 credits)</p> <p><u>Option modules – you will take one option module</u> Aromatherapy (15 credits) Stress Management* (15 credits)</p> <p>* available at Bolton College</p>		

9. Learning, Teaching and Assessment Strategy	10. Other Information (including compliance with relevant University policies)
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<p>Learning and Teaching Methods Lectures Student presentations Student research Discussion Debates Group and Individual work Tutorials Practical work Student activities Work-experience Projects</p> <p>Assessment Methods</p> <p>Coursework Portfolio Practical Presentations Examination project</p> <p>Assessment Classification System</p> <p>Work of : Exceptional quality Very good quality Good quality Satisfactory quality Borderline Fail Fail</p> <p>Honours Classification Bands</p> <p>N/A</p>	<p>Date programme first offered</p> <p>September 2009</p> <p>Admissions Criteria</p> <p><u>Standard Requirements</u></p> <p>The Foundation Degree is designed for people who work in complementary therapies or who have a health-care or physiology background and desire to work in this area. Applicants will normally:</p> <ul style="list-style-type: none"> • have a relevant Level 3 qualification (i.e. A-levels or equivalent); • have five GCSE passes at Grade C or above or other equivalent Level 2 qualifications; • be working in complementary therapies or wishing to work in this vocational area; • have written communication skills at level 3; • have good oral communication skills; • have an interview with a member of the course team. <p><u>Non Standard Entry</u></p> <p>The University may admit applicants who do not have a Level 3 qualification in an appropriate area but who hold alternative qualifications and/or experience demonstrating appropriate knowledge and skills at Level 3. Such candidates would be admitted to the course as <i>exceptional entrants</i>. Overseas candidates from a country where the language of instruction is not English must have English Language proficiency at IELTS 6.0 or equivalent in addition to the entry criteria stated above.</p> <p>Indicators of Quality and Standards</p> <p>High scores by students on the Student Satisfaction Questionnaires High scores by students on the Module Evaluation Questionnaires Tutor evaluation reports Feedback from staff and students at Programme Committee Feedback from the External Examiner External Examiner Reports Students' assessed work Feedback from work-experience placement providers</p>
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