

Dyslexia



Information Pack

For Staff & Students



CUSTOMER SERVICE EXCELLENCE

Learning Support Services

What is Dyslexia?

Literally translated the term dyslexia means 'difficulty with words'. There are many different varieties and levels of dyslexia or specific learning difficulties. It is not known what the causes of dyslexia are but it would appear that the brains of dyslexics process information differently. Dyslexia is best described as a combination of abilities and difficulties that affect the learning process in one or more of the following areas; reading, writing and spelling. Dyslexic people are often artistically inclined.

What are the signs of Dyslexia?

- Difficulty in reading/writing/spelling
- Difficulty remembering tables/alphabet
- Problems with letters/figures in the wrong order or leaving letters out completely
- Having problems understanding what s/he has read
- Difficulty telling left from right
- Needs instructions repeated, poor memory
- Takes a long time to process information
- Difficulties with spoken language
- Difficulties with motor skills and co-ordination

Adult Dyslexia Checklist

- Do you find difficulty in telling left from right?
- Is map reading or finding your way to a strange place confusing?
- Do you dislike reading aloud?
- Do you take longer than you should to read a page in a book?
- Do you find it difficult to make sense of what you have read?
- Do you dislike reading long books?
- Is your spelling poor?
- Is your writing difficult to read?
- Do you get confused if you have to speak in public?
- Do you find it difficult to take messages on the telephone?
- When you have to say a long word, do you sometimes find it difficult to get all the sounds in the right order?
- Do you find it difficult to do sums in your head without using your fingers or paper?
- When using the telephone do you tend to get the numbers mixed when you dial?
- Do you find it difficult to say the months of the year forwards in a fluent matter?
- Do you find it difficult to say the months of the year backwards?
- Do you mix up dates and miss appointments?
- When writing cheques, do you frequently find yourself making mistakes?
- Do you find forms difficult and confusing?
- Do you mix up bus numbers like 95 and 59?
- Did you find it hard to learn your multiplication tables at school?

Helpful Hints for Dyslexic Students

Here are some useful tips for studying:

- Highlight key points on texts
- Use mind mapping techniques for planning
- Keep a dictionary of key words
- Revise little and often, well in advance of examinations
- Avoid overloading study time
- Use a word processor and spellchecker
- Keep a diary for forward planning

Support

The following equipment and/or personal support may be recommended for dyslexic students:

Equipment

- Tape recorder/Dictaphone
- Electronic portable dictionary and thesaurus
- Word-processor
- Coloured paper for printing text
- PC accessibility options:
 - Screen and text colour changes
 - Text enlargement and/or 17" monitors
 - Sound card and speakers
 - Copyholder
 - Trackball
- Specialist software includes:
 - Text Help-spelling and sentence construction
 - Inspiration - planning and revision
 - Dictation software

Personal Support

Katie Jennings is the Disability Advisor based at the Student Centre in Eagle Mall.
Providing advice about support and funding.

Telephone: 01204 903086

Email: K.Jennings@bolton.ac.uk

Support may include provision of:

- Note taker
- Dyslexia Support Tutor

- Reader

Library Assistance

At each Learning Support Centre (LSC) at Eagle and Chadwick there is a room you may find useful – the Enabling Technology rooms. They are **Laurel** in Eagle LSC and **Sapphire** in Chadwick LSC.

Useful Equipment in each room includes:

- **CCTV Viewer** with screen reader/magnifier software
- **Dragon Naturally Speaking** translates speech into text
- **Read & Write Gold** to assist with reading and writing difficulties
- **Document holders**
- **Inspiration** helps to organise & create clear essays & reports

Further Help and Advice

If you require help within the Learning Support Centres please contact:

Jane Corrigan in Eagle LSC: 01204 903092

Anne Crowther in Chadwick LSC: 01204 903262

Do you have any useful suggestions regarding Dyslexia in the Learning Support Centres?

Please email any suggestion or comments to: learning-enable@bolton.ac.uk

A suggestion box and a comments book are located by the Information Desk in each Learning Support Centre.

Selection of Books and Videos in the Library

(We do have more items available at both sites)

Videos

Dyslexia
Channel Four Television
371.9144 CHA

Getting into the Driving Seat: break free of Dyslexia
371.9144 DAY

Understanding Dyslexia: Programme One;
The Dyslexia Institute's perspective
371.9144 DYS

Understanding Dyslexia—A Guide for parents
371.9144 DYS

Understanding Dyslexia-A guide for teachers
371.9144 DYS

Books

Tackling dyslexia
Cooke, Ann
371.9144 COO

Reading and dyslexia: visual and attentional processes
Everatt, John
371.9144 REA

A little edge of darkness; a boy's triumph over dyslexia
Faludy, Tanya 1996
371.9144 FAL

Dyslexia and inclusion: assessment and support in higher education
Riddick, B & Sterling, C
371.9144 FAR

Dyslexia at college
Gilroy, D.E.
371.9144 GIL

Dyslexia Tool kit: a resource for students and their tutors
Goodwin, Vicki
371.9144 GOO

Dyslexia: students in need
Mitchell, Gina
371.9144 HEA

Basic topics in mathematics for dyslexics
Henderson, Anne
371.91447 HEN

Living and learning with Dyslexia: the Medusa's gaze
Kenny, Christine
371.9144 KEN

Diagnosing dyslexia: a guide to assessment of adults
Klein, Cynthia
371.9144 KLE

Dyslexia and ICT: building on success
McKeown, Sally
371.9144 MAC

Dyslexia and learning style: a practitioner's handbook
Mortimore, Tilly
371.9144 MOR

Multilingualism, literacy and dyslexia; a challenge for educators
Peer, L
370.117 MUL

Dyslexia: How would I cope
Ryden, Michael
616.8553 RYD

More information on dyslexia is available from:

The Dyslexia Institute
133 Gresham Road
Staines
Middlesex
TW13 2AJ
Tel: 010784 463 851

British Dyslexia Association
98 London Road
Reading
RG1 5AN
Tel: 0118 966 8271

Some useful web sites:

<http://www.dyslexiaonline.com> DYSLEXIA ONLINE
<http://www.interdys.org> THE INTERNATIONAL DYSLEXIA ASSOCIATION
<http://dyslexia-inst.org.uk> DYSLEXIA INSTITUTE HOMEPAGE
<http://bda-dyslexia.org.uk> BRITISH DYSLEXIA ASSOCIATION